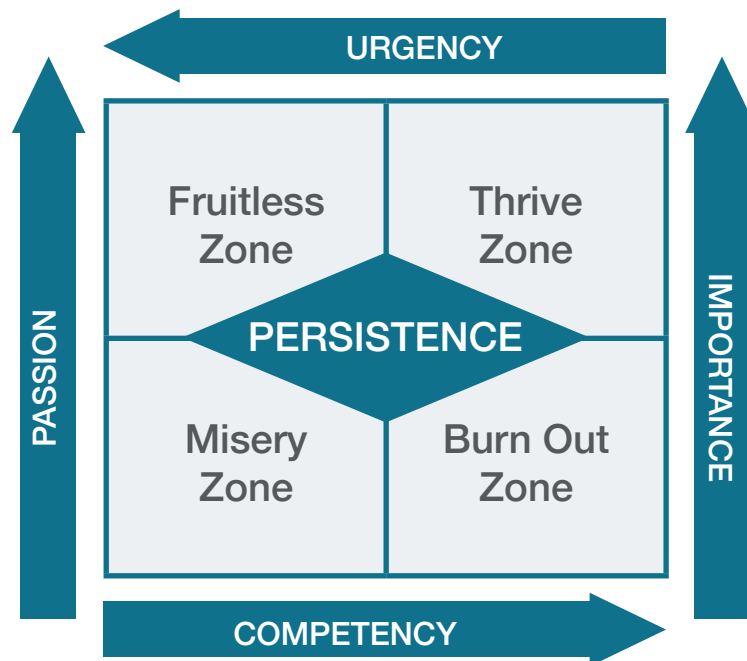


The THRIVE Filter

Filter your daily actions to **THRIVE!!**



- **Important x Not Urgent x Passion x Competence x Persistence = THRIVE**
- **Important x Not Urgent x Passion x No Competence x Persistence = BURN OUT**
- **Not Important x Not Urgent x No Passion x No Competence x Persistence = MISERY**
- **Important x Not Urgent x Passion x Not Competence x Persistence = FRUITLESS**

As you identify your **THRIVE** zone, it will allow you to **FOCUS** on these areas and **RELEASE** you from distractions and comparing yourself to those around you.

